

Traditional Chinese Medicine Clinic TCM

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*Integrating Eastern and
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Stamp



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Modern Research indicates that traditional Acupuncture with Moxibustion therapy on certain point has a great impact on increasing body immunity to fight cancer:

1. Increase T lymphocytes: e.g. Moxibustion on Du-14, Ub 13 and Ub 20, SJ-10.
2. Activate NK (Natural Killing) cells in the body by needle Pc-6, St-36, Li-11
3. Increase RBC immune function: Moxibustion on Du-14 every other day for 6 times will almost double RBC-IC (Red Blood Cell-Immune Complex).
4. Increase WBC count:

One must different herbs and herbal formulas depending on each one's condition; the organ has been weakening, and the side effects of Chemo/Radiation therapies. Herbs and herbal formulas are selected differently before, during and after Chemo/Radiation therapies. Here, some modern research on some of the Chinese herbs that assist cancer care:

A. Tonifying herbs. Ginseng (人參): 1). Immunostimulating Effect, Ginsenosides and polysaccharides in ginseng increase the activity of the NK cell and macrophage, secretion of IL-1, 2,6 and IFN- γ and increase T cell transformation rate .2). Polysaccharides in Ginseng (Rh3, Rb1, 3. Re,Rf) inhibit the growth of cancer cells especially Sacoma180, Lewis lung cancer and Ehrlich cancer. Herbs in the tonifying category have the same function like Ginseng, such as Huang qi, Zhi fu zi, Yin yang huo, Tu si zi, Huang jing, Mai song, Sha shen, Xuan shen and Bie jia.

B. Remove blood stasis herb: Tuber Curcuma (俄木): good for facilitating the treatment of solid tumors. It increases T cells transformation rate, activate mononuclear-macrophage cells that act like scavenger to kill tumors and help the anti -tumor cells to infiltrate to the tumor area. Other herbs in the category are Chuan xiong, Hong hua, Wang bu liu xing, Dang gui and San qi.

C. Herbs that clear heat and toxins: Bai hua she she cao (Herba Oldenlandia- 白花舌蛇草): block the damage to T cells and B cells from radiation therapy. It also can activate many anti-tumor cells in the body and facilitate those cells infiltrate into the tumor area. Herba Oldenlandiahas has strong anti-bacteria and fungal properties. It is an important herb in treating many diseases. Hong kui, Dong ling cao, Yu xing cao and Shan dou gen all belong to this category.

D. Herb- Mushroom: Ling zhi (Ganoderma

This category of herbs has the ability to inhibit the growth of many cancer cells, stimulate bone marrow to increase white blood cell and Hb account, increase body vitality, improve body constitution, and minimize side effects of Chemo/Radiation therapy. Some of the mushrooms can be used daily as food such as Shitake, ling zhi and hua gu. Since we have to consume a large amount of mushrooms in order to attain the anti-cancer property, it is recommended that patient take high concentrated forms of those mushroom. And general population should put that mushroom in their diet for well being.

There are several classical Chinese herbal formula used in assisting the treatment of cancers. Modern research improved their function in increasing immunity and inhibiting cancer growth at the bio-molecular level. Different formula use in different stages of the process of Chemo/Radiation therapy and should be customized to each individual accordingly.



Note: Chinese Medicine Newsletter here **dose not** use the words of “ treat’ and / or “cure” cancer according to the regulation of AMA, but “help” and/or “assist the treatment of ” cancer stated in the Newsletter.

If you or your friends, relatives start to have the issue of cancer care and they wants to know more about how Chinese Medicine work for them. Please call Dr. Helen Hu, Traditional Chinese Medicine Clinic at (619)226-6506

